

Chillicothe Middle School

Page 1

Jan 9, 2012

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 2 NO SCHOOL TODAY	Jan - 3 CAFETERIA CHOICE	Jan - 4 NACHO GRANDE SHREDDED LETTUC REFRIED BEANS CHEESE SAUCE PINEAPPLE CHUNKS CHOCOLATE CHIP C MILK - Variety	Jan - 5 MEAT BALLS CHIPS/VARIETY FRUIT, FRESH ASSO FRESH VEGGIES CAKE MILK - Variety	Jan - 6 BEEF STEW TURKEY W/CHEESE PEACHES, FRESH STRAWBERRY SHOR MILK - Variety
Jan - 9 GOULASH SALAD, TOSSED CORN PEARS CHOC PEANUT/BUTT MILK - Variety	Jan - 10 CHILI CINNAMON ROLLS CHEESE CUBES FRESH VEGGIES MILK - Variety	Jan - 11 ORANGE CHICKEN CHINESE STYLE VEG FRUIT, FRESH ASSO FORTUNE COOKIE MILK - Variety	Jan - 12 HOT BEEF PASTA SALAD ICE CREAM MILK - Variety	Jan - 13 HOT DOG ON A BUN CHILI/CHEESE DOGS FRENCH FRIES APPLESAUCE BANANA SLICES MILK - Variety
Jan - 16 NO SCHOOL TODAY	Jan - 17 TACO SALAD REFRIED BEANS SALSA PINEAPPLE CHUNKS BROWNIES MILK - Variety	Jan - 18 BEEF ROTINI SCALLOPED POTAT GREEN BEANS ROLLS (YEAST) PUMPKIN PIE/TOPPI MILK - Variety	Jan - 19 CORN DOGS FRENCH FRIES CARROTS ORANGES HALVES NO BAKE COOKIES MILK - Variety	Jan - 20 MEATBALL SUB CHIPS/VARIETY COLE SLAW CHOCOLATE COOKI MILK - Variety
Jan - 23 PIZZA WITH GROUND SALAD, TOSSED APPLES, Fresh CARMEL MILK - Variety	Jan - 24 SLOPPY JOE ON A R TATOR TOTS MACARONI AND CHE CHEESECAKE MILK - Variety	Jan - 25 CHICKEN NUGGETS FRENCH FRIES CORN ON THE COB PEARS, FRESH CUP CAKE MILK - Variety	Jan - 26 BEEF BURRITO REFRIED BEANS SALSA CHEESE SAUCE CHIPS/VARIETY MIXED FRUIT PUDDINGS, CHOC, DR MILK - Variety	Jan - 27 BARBECUED BEEF O CHIPS/VARIETY SALAD, TOSSED SMORES MILK - Variety
Jan - 30 CHILI CHEESE CUBES FRESH VEGGIES CINNAMON ROLLS MILK - Variety	Jan - 31 BBQ RIB /BUN BAKED POTATO BAKED BEANS (VEG GRAPES, Fresh RICE KRISPY TREAT MILK - Variety			

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.